

**Curriculum Vitae SARA BORRELLI**  
RM, BMid, MSc, PGCHE, PhD  
The University of Nottingham - School of Health Sciences – Division of Midwifery  
E-mail: [sara.borrelli@nottingham.ac.uk](mailto:sara.borrelli@nottingham.ac.uk)  
Mobile: 0044 790 4614167

## **PERSONAL PROFILE**

I am a registered midwife with experience in clinical practice, education and research working as Assistant Professor and Deputy Lead for Global Reach at The University of Nottingham (UK). I am Associate Fellow of the Higher Education Academy. I have successfully completed my PhD in Health Studies in 2015 at The University of Nottingham (UK) and my thesis was focussed on 'what makes a good midwife from first-time mothers' perspectives in the context of different places of birth'. In 2010 I received my Master in Nursing and Midwifery Sciences after having completed my Bachelor in Midwifery at the University of Milano Bicocca (Italy) in 2008. My research interests are: what makes a good midwife; early pushing urge; early labour; midwifery students' clinical placements; early labour; rupture of membranes.

## **EDUCATION**

December 2011 – December 2015

### **PhD in Health Studies**

School of Health Sciences, The University of Nottingham (Nottingham, UK)

January 2015 – July 2016

### **Postgraduate Certificate in Higher Education**

School of Health Sciences, The University of Nottingham (Nottingham, UK)

November 2008 - December 2010

### **Master's Degree in Nursing and Midwifery Sciences**

Faculty of Medicine, University of Milano-Bicocca (Italy)

Final grade: 110/110 with honours.

October 2005 - October 2008

### **Bachelor Degree in Midwifery**

Faculty of Medicine, University of Milano-Bicocca (Italy)

Final grade: 104/110

## **WORKING EXPERIENCE**

February 2015 - ongoing

**Teaching associate and Deputy Lead for Global Reach** - Division of Midwifery, School of Health Sciences, University of Nottingham (UK)

March 2014 - ongoing

**Research co-investigator** - University of Nottingham (UK)

March 2013 - February 2015

**Italian Linguistic recording, proofreading and translation** - Perceptive Informatics Language Services (Nottingham, UK)

January 2013 – July 2013

**Research Assistant** - University of Nottingham (UK)

January 2013 - January 2014

**Exam invigilator** - University of Nottingham (UK)

September 2012

**Reviewer of online modules** - University of Nottingham (UK)

May 2012 – July 2012

**Research Assistant** - University of Nottingham (UK)

March 2011 - ongoing

**Lecturer BMid** - University of Milano-Bicocca (Italy)

March 2011 - ongoing

**Lecturer MSci** - University of Milano-Bicocca (Italy).

March 2011 - ongoing

**Supervisor** of MSci students (topics: student midwives' experiences of clinical placements; early pushing urge; Italian midwives working in UK, early labour)

April 2010 - January 2012

**Community Midwife** - ASL Monza e Brianza (Monza, Italy)

## **SKILLS**

- Profound capacity to work in team, in collaboration with other persons, recognising roles and responsibilities;
- great competence in finalising works and projects, identifying priorities and participating actively;
- excellent organizational, time management, analytical and problem-solving skills;
- good communication skills, with the ability to present information in a clear way, both verbally and written;
- strong aptitude for carrying out research and good knowledge of research methodologies and methods;
- ability to use research evidence in teaching and practice development;
- ability to teach midwifery based on students' learning needs;
- effective use of IT knowledge and skills;
- commitment to personal and professional development;
- enthusiastic and passionate about midwifery.

## **PUBLICATIONS**

Borrelli S., Walsh D., Spiby H. (2018) First-time mothers' expectations of the unknown territory of childbirth: Uncertainties, coping strategies and 'going with the flow'. *Midwifery*, 63: 39-45.

Rota, A., Antolini, L., Colciago, E., Nespoli, A., Borrelli, S. E., Fumagalli, S. (2017) Timing of hospital admission in labour: latent versus active phase, mode of birth and intrapartum interventions. A correlational study. *Women and Birth*, S1871-5192(17): 30279-2.

Borrelli S., Cattaneo A., Recalcati R., Nespoli A. (2017) Disorientation, self-awareness and ongoing learning: student midwives' experiences of clinical placements in Italy. *MIDIRS Midwifery Digest*, 27(3): 391-397.

Spiby H., Borrelli S., Hughes A. (2017) Women's expectations and experiences of rupture of membranes and views of the potential use of reagent pads for detecting amniotic fluid. *Journal of Advanced Nursing*, doi: 10.1111/jan.13365.

Borrelli S., Walsh D., Spiby H. (2017) First-time mothers' choice of birthplace: influencing factors, expectations of the midwife's role and perceived safety. *Journal of Advanced Nursing*, 73(8):1937-1946.

Williams J., Hulme G., Borrelli S. (2017) Adding to the midwifery curriculum through internationalisation and promotion of global mobility. *British Journal of Midwifery*, 25(3): 184-188.

Borrelli S., Walsh D., Spiby H. (2016) Respectful handover: a good alternative when intrapartum continuity of carer cannot be guaranteed. *MIDIRS Midwifery Digest*, 26(4): 481-485.

Borrelli S. (2016) Article review: Jepsen, I., Mark, E., Nøhr, E., Foureur, M., Sørensen, E. (2016) A qualitative study of how caseload midwifery is constituted and experienced by Danish midwives. *MIDIRS Midwifery Digest*, 26(3): 310-311.

Borrelli S., Spiby H., Walsh D. (2016) The kaleidoscopic midwife: a conceptual metaphor illustrating first time mothers' perspectives of a good midwife during childbirth. A grounded theory study. *Midwifery*, 39: 103-111.

Celesia M., Nespoli A., Borrelli S. (2016) Childbearing women's experiences of early pushing urge. *International Journal of Childbirth*, 6(1): 19-26.

Cappelletti G., Nespoli A., Fumagalli S., Borrelli S. (2016) First-time mothers' experiences of early labour in Italian maternity care services. *Midwifery*, 34:198-204.

Borrelli S.E., Dattolo C., Nespoli A. (2015) Midwives' approaches to early pushing urge in labour. *British Journal of Midwifery*, 23(9): 640-646.

Iannuzzi L., Borrelli S.E. (2014) Early labour midwifery care in Italy: local and cross-cultural challenges. *Evidence Based Midwifery*, 12(4): 133-136.

Borrelli S.E. (2014) What is a good midwife? Insights from the literature. *Midwifery*, 30(1): 3-10.

Borrelli S.E. (2014) Letter to editor on antenatal education in Italy. *International Journal of Birth and Parent Education*, 1(4): 6.

Borrelli S.E. (2013) What is a good midwife? Some historical considerations. *Evidence Based Midwifery*, 11(2): 51-59.

Borrelli S.E., Locatelli A., Nespoli A. (2013) Early pushing urge in labour and midwifery practice: A prospective observational study at an Italian maternity hospital. *Midwifery*, 29(8): 871-5.

Borrelli S.E., Locatelli A. & Nespoli A. (2013) Precoce urgenza di spinta e pratica ostetrica: studio osservazionale prospettico (Early pushing urge in labour and midwifery practice: A prospective observational study). *Lucina*, Italian Journal of Midwives: 2, 28-31.

Borrelli S.E. (2013) Perché fare ricerca? Riflessioni di un'ostetrica. (Why conducting midwifery research? Reflections of a midwife). *Lucina*, Italian Journal of Midwives, 2: 25-27.

## **PRESENTATIONS AT INTERNATIONAL CONFERENCES**

POSTER PRESENTATION: The kaleidoscopic midwife: a conceptual metaphor illustrating first-time mothers perspectives of a good midwife - ICM 31<sup>th</sup> Triennial Congress - Toronto - 17/22 June 2017.

ORAL PRESENTATION: The kaleidoscopic midwife: a conceptual metaphor illustrating first-time mothers perspectives of a good midwife - Normal Labour and Birth Conference - Grange over Sands - 17 June 2015.

ORAL PRESENTATION (INVITED SPEAKER): Management strategies for early pushing urge - Primary Care & Public Health Conference - Birmingham - 21 May 2015

POSTER PRESENTATION: Early Pushing Urge in labour, midwifery practice & midwives and women's experiences - ICM 30<sup>th</sup> Triennial Congress - Prague - 1/5 June 2014

ORAL PRESENTATION: Childbearing women's expectations and experiences of a good midwife in the context of different planned places of birth - ICM 30<sup>th</sup> Triennial Congress - Prague - 1/5 June 2014

POSTER PRESENTATION: What is a good midwife? Insights from the literature - NICER Midwifery Conference - Nottingham - 7/8 September 2012

### **OTHER PRESENTATIONS**

ORAL PRESENTATION: The kaleidoscopic midwife: a conceptual metaphor illustrating first-time mothers perspectives of a good midwife - PhD lunch seminar - 02 February 2017.

ORAL PRESENTATION: The kaleidoscopic midwife: a conceptual metaphor illustrating first-time mothers perspectives of a good midwife - International Day of Midwives - The University of Nottingham, Division of Midwifery - 5 May 2016

ORAL PRESENTATION: The kaleidoscopic midwife: a conceptual metaphor illustrating first-time mothers perspectives of a good midwife - Post Graduate Seminar 2015 - The University of Nottingham - 24 April 2014

ORAL PRESENTATION: Undertaking Grounded Theory in doctoral midwifery research - Post Graduate Seminar 2014 - The University of Nottingham - 30 April 2014

ORAL PRESENTATION: What makes a good midwife? First-time mothers' expectations and experiences in the context of different birthplaces - Research Saturday - The University of Nottingham - 26 April 2014

ORAL PRESENTATION: Childbearing women's expectations and experiences of a *good midwife* in the context of different planned places of birth – Seminar: Midwifery: clinical, organisational, educational and research experiences - University of Milano Bicocca - 19 November 2013

POSTER PRESENTATION: Childbearing women's expectations and experiences of a *good midwife* in the context of different planned places of birth - Research Away Day - The University of Nottingham, School of Nursing, Midwifery and Physiotherapy - 18 June 2013

POSTER PRESENTATION: Early Pushing Urge in labour, midwifery practice & midwives and women's experiences - Congresso Nazionale Associazione Scientifica ANDRIA, Ostetricia: EBM e oltre - Bologna (Italy) - 20 April 2013

POSTER PRESENTATION: What is a good midwife? Insights from the literature – Research Saturday – The University of Nottingham – 10 November 2012

ORAL PRESENTATION: Exploring childbearing women's expectations and experiences of the *good midwife*: the influence of planned place of birth - Seminar: Developing an international dialogue: UK and Italian midwifery practice, research and education - The University of Nottingham - 11 September 2012

POSTER PRESENTATION: How do we prepare good midwives? Insights from the literature (1<sup>st</sup> prize winner) - Research Away Day - The University of Nottingham, School of Nursing, Midwifery and Physiotherapy - 19 July 2012

ORAL PRESENTATION: A literature review around the concept of *good midwife* - Post Graduate Seminar 2012 - The University of Nottingham - 23 May 2012

ORAL PRESENTATION: Italian midwives abroad: challenges in midwifery research - International day of midwives - University of the Studies of Brescia (Italy) - 5 May 2012

**ADDITIONAL INFORMATION**

Reviewer for Midwifery-related academic journals (UK)

Languages: Italian (mother tongue), English (IELTS certificate, resident in UK, fluent)

Nottingham, 30.05.2018

Sara Borrelli