Emma Sofia Lunghi

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I'm a **socio-legal researcher** specialising in food law, food governance and the relationship between regulation, certification, sustainability and consumer access to food information. My research combines **legal analysis with empirical and interdisciplinary approaches** to examine how regulatory and informational frameworks shape food practices, inequalities and consumer agency. I hold **two PhDs and have studied, researched and taught in Italy, Spain and Switzerland, working fluently in French, Italian and English, with a good working knowledge of Spanish.** My research record includes a **peer-reviewed monograph on food quality**, journal articles, book chapters, research reports and extensive international conference activity, with a sustained focus on food quality, regulation, sustainability and consumer access. I have developed **broad international and interdisciplinary collaborations**, alongside substantial teaching, supervision and research-network experience. My **leadership and organisational profile** is reflected in participation in scientific committees, the organisation of conferences and graduate seminars, **involvement in funded initiatives**, and the development of collaborative research.

EDUCATION

2024-2026 – PhD in Law and Business Administration (Food Law) – University of Lleida (Excellent)
2023-2025 – PhD in Legal Science (Sociology of Law) – University of Milano-Bicocca (Excellent)
PhD Thesis: "Food quality between law, values and practices: assessing the effectiveness of geographical indication's regulation in guaranteeing accessible information to consumers through quantitative and qualitative methods"
2018-2020 – MA in Political Science (International Relations) – University of Lausanne (5.5/6)
MA Dissertation: "The international regulation of persistent organic pollutants facing techno-bureaucratic expertocracy. Analysis of risk perceptions and the strategic use of emotional narratives by NGOs".
2014-2018 – BA in Political Science – University of Lausanne (5/6)
Participation in Summer Schools
2023; 2024; 2025; 2026 – National Workshop of Legal Sociology – "Silvia Corticelli"– Associazione di Studi su Diritto e Società, Italy
2025 –*Rencontres Doctorales en droit de l'agriculture et de l'alimentation*, Université de Pau et des Pays de l'Audour, France
2018 – Summer School in "Postcolonialism" – University of Lausanne, Swiss

EMPLOYMENT HISTORY

- **Post-Doctoral Researcher**, School of Law, University of Milano-Bicocca, Italy (2026- at present)
- Guest Lecturer in Legal Sociology, School of Law, University of Milano-Bicocca, Italy (2024-at present)
- Academic Tutor, Department of Business and Law, University of Milano-Bicocca, Italy (2025)
- Academic Tutor, School of Law, University of Milano-Bicocca, Italy (2024-2025)
- Academic Tutor, Department of Business and Law, University of Milano-Bicocca, Italy (2024)
- Academic Tutor, School of Law, University of Milano-Bicocca, Italy (2023)
- Universal Civil Service, Emergency NGO, Milan, Italy (2021-2022)
- Trainer of Union Secretaries, Movendo, Swiss (2021)
- Research Trainee, Faculty of Social and Political Science, University of Lausanne, Swiss (2020)
- Undergraduate Assistant, Faculty of Social and Political Science, University of Lausanne, Swiss (2018-2020)

Other relevant posts

- Visiting scholar, Department of Law, University of Lleida (2025)
- Visiting scholar, Department of Law, University of Lleida (2024)

TEACHING EXPERIENCE AND CURRICULUM DEVELOPMENT

Legal Sociology

- Lecture: "Law and Accessibility to Quality Food: A Socio-Legal Study on Food Quality", (University of Milano-Bicocca, 2hrs 2026; invited by Prof. Roberta Dameno).
- Lecture: "Quality food, sustainable food?", (University of Milano-Bicocca, 2hrs 2025; invited by Prof. Roberta Dameno).
- Lecture: "Socio-legal research methodology" (University of Milano-Bicocca, 2hrs 2024; invited by Prof. Roberta Dameno).
- Lecture: "What is food quality?" (University of Milano-Bicocca, 2hrs 2023; invited by Prof. Roberta Dameno).
- Master thesis co-supervised: 10 (2023-2026)

Sociology of Fundamental Rights

- Lecture: "Food as a human right: but what kind of food and for whom?" (University of Milano-Bicocca, 2hrs 2025,2026; invited by prof. Massimiliano Verga).

Food Law

- Lecture: "9th Lecture: Economic Sustainability: Diversification and Added Value", Máster Universitario. Marketing y emprendimiento agroalimentario (University of Rioja, 3 hrs 2026; coordinated by Prof. Marta Muñoz Gómez)[scheduled for November 5th]
- Lecture: "Understanding UE food regulation: novel food, food quality and food safety" (National Biodiversity Future Canter, 3hrs 2025; for Deloitte Consulting).
- Lecture: "Geographical indications and the quality schemes in the EU" (University of Lleida, 4hrs 2024,2025; invited by Prof. Laura Salamero Teixidó).

Environmental Law and Governance

- Lecture: "Public policies and international governance for biodiversity conservation and sustainable technological innovation", (National Biodiversity Future Canter, 2hrs 2025; for Deloitte Consulting).

International Environmental Policies

- Teaching undergraduate assistant: International Environmental Policy (University of Lausanne, 9ECTS 2018-2020; working for Prof. Yohan Ariffin).

Multidisciplinary seminars/workshops

- Workshop: "Quality Food Access Between Rights and Discriminations: building a consumer perspective on food quality and global food challenges", (Venice International University, 1.5 hrs ,13-17 April 2026).
- Seminar: "The ethical, social and legal principles of food choices and diets", (University of Milano-Bicocca, 12hrs 2023- at present).

Other activities and field research

- Research collaboration with C.O.S.A ODV, "Female Work, Health, Diet and Social Growth in Senegal" (2025- ongoing)
- Legal expert for the redaction of EU Initiative "Good Food For All", Geneva Fondazione Alma Mater (may 2024)

SUCCESSFUL WRITING OF FUNDING REQUEST

- Interdisciplinary Seminar, Venice International University, Value: **25.000€** (2026) in collaboration with Prof. Roberta Dameno and Prof. Carola Ricci.

ORGANIZATION OF SCIENTIFIC EVENTS

- "Law, rights and accessibility", Event: scientific conference; Role: Scientific committee, (University of Milano-Bicocca, October 2025)
- "Quality Food: the Challenges of the Law", Event: scientific conference; Role: Scientific committee, (University of Milano-Bicocca, February 2025)

ORGANISATION OF SUMMER SCHOOLS

- "Zero Hunger's Goal: the Global Challenge of a Sustainable and Quality Food for All", VIU Graduate seminar, Role: organizing committee and contributor (Venice International University, April 2026).

AWARDS

- "GAY (Gaetano Sergio Iacono) Prize, 1st Prize", for the dissertation: Food Quality: Between Values and Practices" of the Associazione di Studi su Diritto e Società (September 2023)

MEMBERSHIPS

- Fellow – Climpact Fellowship Program – University of Bari (2026-ongoing)
- Fellow – Center on the International Politics of Food Security (CIPFS), University of Pavia (2026-ongoing)
- Fellow– Interdepartmental Research Centre Best4Food, University of Milano-Bicocca (2025-ongoing)
- Fellow – Associazione di Studi su Diritto e Società (2023-ongoing)
- Fellow – OnFoods – Research and Innovation Network on Sustainable Food and Nutrition (2023-2025)

PUBLICATIONS

Book *(peer-reviewed)*

- Lunghi, E. (2026). Le regole della qualità alimentare: ridare voce al consumatore. Milano: Ledizioni. 212p. [Online open access: https://doi.org/10.5281/zenodo.19726265]

Articles *(peer-reviewed)*

- Lunghi, E. (2024). Les indications géographiques sous la loupe du genre, il y aurait-il un effet barbecue? Italie: une étude de cas sur les consommateurs. Sociologia del Diritto, 51(2). [Online open access: https://doi.org/10.54103/1972-5760/27871]
- Dameno, R., Lunghi, E. (2024). Introduzione: Una breve e necessaria riflessione sulla qualità. *Sociologia del diritto*, 51(2), 141-144. [Online open access: https://doi.org/10.54103/1972-5760/27844]
- Lunghi, E.S. (2024). The Right to Quality Food in the Capitalocene Era. *Rivista Internazionale di Filosofia del Diritto*.1-3/1. pp. 69-83.
- Lunghi, E. S. (2023). Qualità alimentare, territorio e simboli, che cosa certificano le indicazioni geografiche?. Sociologia Del Diritto, 50(2). [Online open access: https://doi.org/10.54103/1972-5760/22333]

Book Chapters

- Lunghi, E. (2026). Geographical Indications and the Protection of Biodiversity: Are EU Quality Schemes a Valid Instrument to Protect Biodiversity? *Fresh Approaches to Biolaw*, Trivent Publ. *(in press)*.
- Lunghi, E. (2025). Cibo e diritto: la promozione della qualità alimentare attraverso le certificazioni. In: L. Prosperi, L. Mocarelli, Policy, Behaviour and Education. Fondazione Giangiacomo Feltrinelli. Pp.87-94. [Online open access: https://fondazionefeltrinelli.it/scopri/on-foods-limiti-e-strumenti/]
- Lunghi, E. (2024). Are Geographical Indications Sustainable? Some Research Suggestions. In L. Salamero Teixidó, A. Ezquerra Huerva (edited by), La construcción de sistemas agroalimentarios sostenibles: propuestas desde el derecho. (pp. 149-161). Colex. [Online open access: https://d2eb79appvasri.cloudfront.net/erp-colex/openaccess/libros/7890.pdf]

Legal Commentaries

- Lunghi, E.S. (2027). *Commentary on the New EU Law of Geographical Indications: Regulation (EU) 2024/1143* (Andrea Zappalaglio, edited by). First Edition. Edward Elgar Publishing Ltd. (in press).

Edited Special Issues

- Maria Galbusera, Marta Muõz Gomez, Mariano Lopez Benitez, Monica Raitieri, Roberta Dameno, Emma Sofia Lunghi (2024). Cibo di qualità: le sfide del diritto (R. Dameno, E. Lunghi, edited by). *Sociologia del Diritto*, 51(2), Milano University Press.

Working Paper *(peer-reviewed)*

- S.Maechler, E. Furrer, E. S. Lunghi, M. Monthoux, C. Yousefzai, (2019). Substituting risk for uncertainty. Where are the limits and how to face them?. *Université de Lausanne- Political Science Working Paper Series,* N. 73. [Online open access: https://www.unil.ch/files/live/sites/ssp/files/iep/cahiers_iep/Cahier%20IEP%20n°73%20(Maechler%20et%20al%202019).pdf]

Research Report *(peer-reviewed)*

- Lipari G., Lunghi E.S., Sartori C., (2025) XII Indagine di ADI sulla precarietà del percorso Postdoc in Italia. [Online: https://webtv.senato.it/webtv/altri-video/conferenza-stampa-presentazione-xii-indagine-annuale-adi]

Scientific Conferences Accepted Abstracts

- Lunghi, E.S. (2026). Conceptualizing Consumer Trust in Voluntary Sustainability Standards. *UNFSS- International conference on voluntary and mandatory sustainable value chains governance.* Irish College, Leuven, Belgium, 27-28 october 2026.
- Lunghi,E. S. (2026). La qualità come dispositivo di potere: sistemi di certificazione alimentare e privatizzazione della regolazione. *Teorie critiche del diritto e ricerca socio-giuridica. Approcci, metodi e sfide*. Associazione di Studi su Diritto e Società. University of Genova, Italy, 2-3 ottobre 2026.
- Lunghi, E.S. (2026). Ricerca empirica tra etnografia e sociologia del diritto. Il caso dell'empowerment femminile a Ndiassane. *XXXV Congresso Nazionale della Società Italiana di Filosofia del Diritto*. Teramo, Italy, 17-19 settembre 2026.
- Lunghi,E. S. (2026). Certificazioni alimentari e scelta di consumo etico: tra mercificazione dei diritti e imperativi di cura. *National Workshop of Legal Sociology* – "Silvia Corticelli", Capraia, Italy.
- Lunghi, E.S. (2025). Povertà alimentare e migrazione in Italia: le difficoltà di accesso ad un cibo sano, sicuro e culturalmente adeguato. *Diritto, Diritti e Accessibilità*. Associazione di Studi su Diritto e Società. University of Milano-Bicocca, Italy.
- Lunghi, E. (2025). Cibo, diritto e qualità : le indicazioni geografiche come strumento per promuovere la qualità alimentare. *National Workshop of Legal Sociology* – "Silvia Corticelli", Capraia, Italy.
- Lunghi, E., Pagliari, S. (2025). Il terroir nel piatto: scienza, origine e sostenibilità. *Food and Science Festival*, Mantova, Italy.
- Lunghi E. (2025). Geographical Indications Under the Gender Lens, Is Here a Barbecue Effect? Italy: A Case Study on Consumers. *Quality Food: the Challenges of the Law*, Milan, Italy.
- Lunghi, E. (2024). Les indications géographiques sont-elles un système alimentaire durable? Analyse de l'efficacité du règlement européen (1143/2024) sur les indications géographiques. *Rencontres Doctorales en droit de l'agriculture et de l'alimentation*, UPA, Bayonne, France
- Lunghi, E. (2024). Politica comunitaria ed etichette alimentari: il diritto ad un'informazione corretta e comprensibile. *Società, Discriminazioni e "nuovi diritti"*, Associazione di Studi su Diritto e Società, University of Modena, Italy.
- Dameno, R., Lunghi, E. (2024). Food Quality and Sustainability: a Gender Analysis Perspective*. The World as One: The Unavoidable Interdependencies of Globalization - Annual Workshop Ciseps*, Milano, Italia.
- Dameno, R., Galbusera, M., Lunghi, E. (2024). Diritto al cibo, di qualità ?. *The Politics of Food: Histories, Intersections, and Prospects*, Milan, Italy.
- Lunghi, E., Dameno, R., Prosperi, L. (2023). Governance and Regulation of Geographical Indications: an Analysis of Agri-Food Production Chain's Sustainability. *I Congreso de Derecho Agroalimentario de la Universidad de Lleida*, Lleida, Spain.
- Lunghi, E. (2023). The Right to Quality Food in the Capitalocene Era. *Philosophical Perspectives on Sustainability and Law*, Roma, Italy.
- Lunghi, E. (2023). Cibo e indicazioni geografiche: qualità, salute e sostenibilità. *Crisi, ecologie, tecnologie. Diritto e diritti in mutamento*, Bari, Italy.
- Lunghi, E. (2023). La qualità alimentare tra valori e pratiche. *National Workshop of Legal Sociology* – "Silvia Corticelli", Capraia, Italy.

Research Impact and Public Engagement

- Interview: “Cibo sostenibile, ma in che senso? Non lo sa nemmeno l’Unione europea”, by Marta Abbà, Wired, 28.02.2025. [Online open access: https://www.wired.it/article/cibo]
- Interview: “Unione Europea a tavola: tra tutela della salute e salvaguardia delle tradizioni”, by Gigi Donelli, Radio 24, 07.2025 [Online open access: https://www.radio24.ilsole24ore.com/podcast]
- MeetMeTonight: Dissemination activities for children and families on food and environmental law and policies (Milan, 2024)
- Interview: Qualità del cibo e politiche UE: la certificazione geografica è efficace?”, by Rossella Guido, Bnews, 01.2024. [Online open access: https://bnews.unimib.it/blog/qualità]

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Milan, 9th of October 2026

