

Curriculum Vitae
Giuseppe Carrà
MD, MSc, PhD
March 04th, 2019

Scopus Author ID: 7003818736 (Scopus H-index=24)

ORCID iD: <http://orcid.org/0000-0002-6877-6169>

Associate Professor in Psychiatry. Department of Medicine and Surgery. University of Milano Bicocca (I)

- **July 1st 2018-present:** Psychiatric Services Director. Edoardo Bassini Hospital (MI):
- **September 1st 2018-present:** Mental Health and Addiction Department Director. North Milan Community Health and Social Care Trust.

•

PERSONAL DETAILS

- Date of Birth: June 4th, 1965
- Place of Birth: Catania, Italy
- Nationality: Italian
- UK General Medical Council Full Registration N^o 6135867
- September 5th 2005: UK Specialist Register: General Psychiatry

March 2016-February 2019: Tenure track Associate Professor in Psychiatry. Department of Medicine and Surgery. University of Milano Bicocca (I).

March 31st 2017: Qualified Associate Professor in Psychiatry

July 24th 2018: Qualified Full Professor in Psychiatry

Work Address:

Department of Medicine and Surgery. University of Milano Bicocca (I). Edificio U8. Via Cadore, 48. 20052 Monza (MB)-I. giuseppe.carra@unimib.it

September 2004-December 2016: Research Fellow. Division of Psychiatry, University College of London.

December 2016-present: Research Associate, Division of Psychiatry, University College of London.

UK Address: Division of Psychiatry (Formerly Mental Health Sciences)
6th Floor, Maple House, 149 Tottenham Court Road, London W1T 7NF.
E-mail: g.carra@ucl.ac.uk

FOREIGN LANGUAGES. English: Computer-Based Test of English as a foreign language (TOEFL) =253, July 2003-Common European Framework of Reference (CEFR) level=C2; **French:** CEFR level=A2; **Spanish** CEFR level =B1.

MAIN IT SKILLS: SPSS 19.0, STATA 14, REVMAN, MICROSOFT OFFICE PACKAGE

EDUCATION

School 1979-1984: Public Grammar School, additional Maths curriculum, Liceo Ginnasio Statale Mario Cutelli, Catania, Italy: full marks (60/60).

University

1984-1991: School of Medicine, University of Milan, Italy. **1989-1991:** Rotating internship, Department of Psychiatry University of Milan. **1991:** MD Medical Doctor Degree: full marks (UK equivalent MA, MB, BChir)

Post Registration Qualifications

1991-1995: General Adult Psychiatry Specialist Training, full-time fellowship, University of Pavia. 1st class honours, Italian specialist qualification in General Adult Psychiatry.

2000: 6 months MSc Management in Psychiatry, by Italian Psychiatric Association and Lombardy Region: full marks.

2000-2004: Ph.D. in Psychiatry, University of Pavia-Department of Applied health and Behavioural Sciences (4 years):

March 2001: "Evidence Based Medicine in Schizophrenia Diploma" at Lundbeck International Psychiatric Institute, Copenhagen.

March 2003-August 2004: Academic Visitor Department of Psychology. St. George's Hospital Medical School. University of London. Tutor Prof. Patricia Howlin. Head of Department: Prof. Robert West.

September 2004-October 2006: M.Sc. Psychiatric Research. University College of London (Supervisors Sonia Johnson and Paul Bebbington) Overall mark 68 (70 dissertation, 65 viva)

November 2004-October 2006: Post-doctoral fellowship (2 years). University of Pavia. Department of Applied Health and Behavioural Sciences. Topic: Schizophrenia and Substance Abuse.

REGISTRAR TRAINING POSTS, HOSPITAL APPOINTMENTS AND AUDIT, CONSULTANCIES

November 1991- April 1995: SHO and SpR at Pavia University Hospital Mental Health Trust.

May 1995-April 2002: Consultant Psychiatrist S. Paolo University Hospital Trust, Milan. **April 2002-October 2006:** sabbatical leave for Ph.D. and post-doctoral courses. **1996-1997:** Public Health Program, funded by Lombardy Region, "Family psychoeducational interventions in Schizophrenia". **1997-2001:** Principal Investigator of Pilot program on Dually Diagnosed Patients, funded by Lombardy Region at the University of Pavia. **1999-2001:** Leader of Community Psychiatric Rehabilitation Team. S. Paolo University Hospital, Milan. **2001-2002:** Coordinator of Psychiatrists' CPD program at S. Paolo University Hospital, 3rd professional level (top 4th). **2000-August 2004:** Consultant Psychiatrist in Pavia prison. **September 2004- September 2005:** Honorary Research fellow: Camden & Islington Mental Health and Social Care Trust. **October 2005-October 2006:** Consultant Psychiatrist Camden & Islington Mental Health and Social Care Trust. **November 2006-July 2009:** Consultant Psychiatrist S. Paolo University Hospital Trust, Milan. **August 2009-January 2012:** Consultant Psychiatrist S. Gerardo University Hospital Trust, Monza. **February 2012- present:** Deputy Medical Director for community and residential mental health programmes S. Gerardo University Hospital Trust, Monza. **June 2012-December 2013:** Psychiatric Assessor for FDA registration trials at MEDAVANTE www.medavante-prophase.com **July 2018-present:** Psychiatric Services Director. Edoardo Bassini Hospital (MI). **September-2018-present:** Mental Health and Addiction Department Director. North Milan Community Health and Social Care Trust.

SCIENTIFIC AND PROFESSIONAL CONFERENCES: Plenary and workshop lectures at numerous National and International Conferences, workshops and congresses, including:

- "Novel Technological approaches for substance use disorders", Strasbourg 19th January 2017. Science and Technology Options Assessment (STOA) Panel at the European Parliament joint presentation with the European Brain Council.
- "Gambling, geographical variations and deprivation: findings from the adult psychiatric morbidity survey". London, 12 July 2017. Health Studies User Conference 2017. Organized by UK Data Service and The Royal Statistical Society.
- "Brain Health: The digital future is on its way". European Brain Council workshop at the European Parliament, Brussels, 22 November 2017.

RESEARCH INTERESTS:

Social and Community Psychiatry. Addiction Psychiatry. Physical Health in people with mental disorders. Psychological correlates of Eating Disorders. E-Health in addictive disorders. Psychiatric Epidemiology. Family Psychoeducational Interventions in severe mental disorders.

MAIN RESEARCH PROJECTS AND COMPETITIVE GRANTS AWARDED

- Validation study of the Italian version of K-10 self, screening questionnaire for emotional disorders (Funded by the University of Pavia, in collaboration with the Harvard Medical School and WHO) **2004**.
- Electronic scoring CD-ROM of the Addiction Severity Index X Edition (Funded by Italian Welfare Department, Euros 50,000; completed and published December **2005**).
- Dual Diagnosis in the EUROSC cohort study (with Paul Bebbington and Sonia Johnson) **2004-present**.
- Prevalence and Association of Substance Misuse in First Episode Psychosis among users of Early Intervention Services: a pilot study (with Paul Bebbington and Sonia Johnson) **2004-present**.
- PADDI Study-Psychiatric and Addictive Dual Disorders in Italy in Mental Health settings. National Survey funded by Italian Welfare Department (**Euros 232,000** with Massimo Clerici) **2005-2007**
- PADDI-MIRROR Study-Psychiatric and Addictive Dual Disorders in Italy in Addiction Therapeutic Communities. National Survey funded by Italian Welfare Department (**Euros 150,000** with Massimo Clerici) **2008-2009**
- Assessment of coercive and non-coercive pressures to enter drug abuse treatment. Funded by the Italian Welfare Department (**Euros 150,000** with Massimo Clerici) **2010**.
- ORION - Overdose Risk InFormatioN Project. Funded by the EU Drug Prevention and Information programme **2007-2013**. Applicant: University of St. Andrews. Partner: Business Solutions Europa (UK), Aarhus University Hospital Risskov (DK), Universität Duisburg - Essen (DE), Università degli Studi di Milano - Bicocca (IT) (**Euros 678,000**) <http://orion-euproject.com>
- D-ARIANNA Digital-Alcohol RiSk Alertness Notifying Network for Adolescents. Funded by Fondazione Cariplo Charity (**2012-2014-Euros 135,000**). <http://darianna.org/>
- International Prevalence and Treatment of Depression in Diabetes (INTERPRET-DD) Study. 19-country international research project, which is investigating pathways to care for individuals with diabetes who are diagnosed with depression. Project Leaders Cathy Lloyd (Faculty of Health and Social Care, the Open University, UK) and Norman Sartorius (Association for the Improvement of Mental Health Programme-The Dialogue on Diabetes and Depression (DDD) **2014-2016**).
- Milestone (Managing the Link and Strengthening Transition from Child to Adult Mental Health Care. Funding by the European Community's Seventh Framework Programme (FP7/2007- 2013) under grant agreement n° 602442 **Euros 6.000.000,00**. The University of Warwick, Katholieke Universiteit Leuven, Universitaet Ulm, King's College London, Stichting Yulius, Centre Hospitalier Universitaire de Montpellier, University College of Dublin, Erasmus Universitair Medisch Centrum Rotterdam, Provincia Lombardo-Veneta Ordine Ospedaliero di San Giovanni di Dio Fatebenefratelli, Klinicki Bolnicki Centar Split.
- Bando Regionale Lombardia per la Ricerca Indipendente nel Settore Sanitario (2013). Violence Risk and Mental Disorder-VIORMED STUDY (**2015-2016 Euros 243.300**), con IRCCS Fatebenefratelli, Brescia; A.O. Spedali Civili di Brescia; A.O. G. Salvini di Garbagnate Milanese (Milano); A.O. Ospedale Civile di Legnano (Milano); A.O. S. Gerardo (Monza-Brianza).
- Independent National Survey on QTc in people with mental Disorders. Funded by Italian Department of Health **2014-2015**.
- PRIN- MIUR (Ministero dell'Istruzione, dell'Universita e della Ricerca) (Progetti di Rilevante Interesse Nazionale) 2015 201597WTTM Unlocking the memory of the body: Virtual Reality in Anorexia Nervosa (**2017-2019** Euros 75,000), with Giuseppe Riva (UNICAT) and Fabrizia Mantovani (UNIMIB), overall funding (**Euros 223.400**).
- European Research Area Network on Illicit Drugs- ERANID funded by the European Union under the 7th Framework Programme. **Principal Investigator** for the project: D.U.R.E.S.S.: Drug Use Recovery, Environment and Social Subjectivity (**2017-2020 Euros 100,000**) with

Etablissement Public de Sante Maison Blanche (FR) and Universidade do Portos (overall funding Euros 210.000)

- 3rd EU Health Programme Call: PP-2-2016. European Study on Risk Factors for Violence in Mental Disorder and Forensic Care: a multicentre project. **(2017-2020 Euros 81.457,94)** with King's College London, UK; Zentralinstitut fuer Seelische Gesundheit, Germany; Medizinische Universitaet Wien, Austria; Provincia Lombardo-Veneta Ordine Ospedaliero San Giovanni di Dio, Fatebenefratelli, Italy; Instytut Psychiatrii i Neurologii, Poland; Heinrich-Heine Universitaet Duesseldorf, Germany. Europese Federatie van Familieverenigingen van psychiatrisch zieke personen, IVZW Belgium **(overall funding Euros 1.199.185,96)**
- The TWIST project (Training With Stakeholders – applying EU drug and addiction research) co-financed under the European Union's DG Justice Programme "Drugs Policy Initiatives" - Supporting initiatives in the field of drugs policy (JUST-2016-AG-DRUGS) (2017-2018) with Fundació Clínic per a la Recerca Biomèdica, Barcelona; General Directorate for Intervention on Addictive Behaviours and Dependencies (SICAD), Portugal; the European Federation of Addiction Societies (EUFAS), **Euros 2,012,000**.
- Exploring the role of uric acid on suicide ideation and attempts in subjects with mental illness. **(2017/2019 Euros 25.000)**, with Francesco Bartoli and Cristina Crocamo. Competitive Excellence Research Grant from the University of Milano Bicocca.
- Assessing safety and efficacy of Vortioxetine versus SSRIs in elderly patients with depression: a pragmatic, multicenter, open-label, parallel-group, superiority, randomized trial (Version 3, 05/12/2016). VESPA study: Vortioxetine in the Elderly vs. SSRIs: a Pragmatic Assessment **(2018/2020 Euros 33.000)**. Bando AIFA 2016 per la ricerca indipendente (overall funding **Euros 627.000**) with Azienda Ospedaliera Universitaria Integrata (AOUI) di Verona, WHO Collaborating Centre for Research and Training in Mental Health and Service Evaluation

GOVERNMENTAL AND INSTITUTIONAL APPOINTMENTS

- Evaluator for The International Association for the Promotion of Co-operation with Scientists from the New Independent States (NIS) of the Former Soviet Union (INTAS) **2005-2008**
- Member of Guideline Development Group for Schizophrenia at the Italian National Institute of Health **(2004-2006)**.
- Member of the Addiction panel at Italian Department of Health **(2006-2008)**
- Member of the panel of independent experts assisting European Commission at Directorate General of justice, freedom and security in the priority field “Prevent drug consumption and inform the public” **July ‘07- June ‘10**.
- Seconded to the Italian Department of Health for analysis and implementation of the 2007 National Report on Drug Abuse - **April-May ‘08**.
- Member of experts’ panel assisting the International Bureau of the Federal Ministry of Education and Research at the Project Management Agency c/o German Aerospace Center (DLR) **2010-present**.
- Member of experts’ panel assisting European Commission at the Directorate for Health and Consumers and at the Directorate General of justice, freedom and security and assessing project proposals under Drug Prevention and Information Proposals (DPIP) call for action grants **2008, 2009/2010, 2011/2012, 2013**.
- Member of experts’ panel assisting the United Nations Office on Drugs and Crime (UNODC) in reviewing evidence on Voluntary-based or compulsory drug dependence treatment - **October 2009**.
- Member of the peer review group for Treatnet II Quality Standards of Care Project at the United Nations Office on Drugs and Crime (UNODC) - **October 2011**.
- Member of the European Monitoring Centre for Drugs and Drug Addiction (EMCDDA) key experts group aimed at identifying current research gaps in the treatment of drug addiction. **October 2012**.
- Member of experts’ panel assisting Italian Multiple Sclerosis Society (FISM), **2012**.

- Member of experts' panel assisting the Common Call Management of ERAfrica at the German Aerospace Agency (DLR), **2013**.
- Board Member (Director of Board **03/2016**) Fondazione Varenna Charity <http://www.fondazionevarenna.it> , **2014-today**.
- Member of experts' panel assisting the European Commission for the call 'Personalised Medicine' (H2020-SC1-2016-2017), **2016**
- Member of experts' panel assisting the Swiss Foundation of Alcohol Research (SFRA), **2016**
- Ad-hoc reviewer for the report “NOVEL TECHNOLOGICAL APPROACH FOR SUBSTANCE ABUSE DISORDERS” produced by the European Brain Council and commissioned by the Science and Technology Options Assessment (STOA) Panel at the European Parliament, **2016-2017**
- Member of the University of Milan Bicocca committee for research promotion, support and valorisation, **2016-today**
- Ad-hoc reviewer for the National Institute for Health Research (UK), Evaluation, Trials and Studies (NETS) programme, **2017-today**
- Member of the expert panel assisting the European Monitoring Centre for Drugs and Drug Addiction (EMCDDA) for the publication of the EMCDDA Report “Health and Social Responses to Drug Problems in Europe”, **2017-today**
- University of Milano Bicocca Team Leader at MeetMeTonight2017 (European Researchers' Night) http://www.meetmetonight.it/wp-content/uploads/2017/09/MMT17_MILANO.pdf **29-09-2017 - 30-09-2017**
- Member of the expert panel assisting the United Nations Office on Drugs and Crime (UNODC) for the report "Treatment and Care of People with Drug Use Disorders in Contact with the Criminal Justice System: Alternatives to Conviction or Punishment", **October 2017**
- Ad-hoc reviewer for the Chief Medical Officer Directorate, Chief Scientist Office Division The Scottish Government, **October 2018**
- Ad-hoc reviewer for the Ireland Health Research Board (HRB), **January 2019**
- Expert in Healthcare Delivery Systems, Social Media and Mental Health for the World Economic Forum Expert Network, **February 2019**

BOARD STATUS

1991: Diplomate, MD, Milan

1991: Milan Medical Association No. 35188

1998: Diplomate, Psychotherapist, Milan

2005: Full registration and included on the Specialist Register of the GMC as a Specialist in Psychiatry

2006: Royal College of Psychiatrists CPD registration

2006: London Regional Panel Section 12 approval

HONOURS AND AWARDS

1992: Castelli-Schubert Award from University of Milan for Family psychoeducational interventions in Schizophrenia

1993-1995: Legrenzi Award at Schizophrenia Research Association (Chair: C.L. Cazzullo)

2003: 2004-05 Rotary Foundation Ambassadorial Academic-Year Scholarship

2016-present: Fellow International Society Addiction Medicine (ISAM)

2017: The European Monitoring Centre for Drugs and Drug Addiction (EMCDDA) 2017 scientific award, among five best shortlisted papers Carrà, G., Johnson, S., Crocamo, C., Angermeyer, M.C., Brugha, T., Azorin, J., Toumi, M., Bebbington, P.E. (2016), [Psychosocial functioning, quality of life and clinical correlates of comorbid alcohol and drug dependence syndromes in people with schizophrenia across Europe. *Psychiatry Research* 239: 301–307.](http://www.emcdda.europa.eu/scientific-award-2017-winning-and-shortlisted-articles_en)

EDITORIAL ACTIVITIES

2005-present: Member Editorial Board: Substance Abuse. Journal of the Association for Medical Education and Research in Substance Abuse (AMERSA) (Editors: Adam J. Gordon, Marc Galanter).

2007-2009: Member Editorial Board the Open Addiction Journal. Bentham Science Publishers.

2016-present: Consulting Editor for The Journal of General Psychology (Executive Editors: Paula Goolkasian, Andrea M. Karkowski, David Trafimow).

2017-present: Review Editor in Addictive Disorders, Frontiers in Psychiatry

<https://www.frontiersin.org/journals/psychiatry/sections/addictive-disorders#editorial-board>

2018-present: Academic Editor Subject Areas: Medicine and health sciences, Mental health and psychiatry at PLOS ONE <https://journals.plos.org/plosone/static/editorial-board>

1998: Co-editor of the Italian edition of: Galanter M., Kleber H.D. (eds.). "Textbook of Substance Abuse Treatment". American Psychiatric Press, Washington, 1994. Milano, Masson, 1998.

1998-2002: Member Editorial Board: Studi di Psichiatria. (Educational Journal of Italian Psychiatric Association).

2002-2013: Member Editorial Board: Quaderni Italiani di Psichiatria. (Official Journal of Italian Psychiatric Association).

2004: Co-Editor Italian edition of: National Collaborating Centre for Mental Health. Schizophrenia. Full Clinical Guidelines on core interventions in primary and secondary care. London, Gaskell, 2003. Roma, Il Pensiero Scientifico Editore, 2004. ISBN: 88-490-0117-7

2004: author of the Italian and Arabic versions of K10+ Self-administered Questionnaire

http://www.hcp.med.harvard.edu/ncs/k6_scales.php

2006: Co-editor of the Italian edition of: Galanter M., Kleber H.D. (eds.). "Textbook of Substance Abuse Treatment". American Psychiatric Press, Washington, 2004. Milano, Masson, 2006. ISBN: 8821428125

2008: Member of the Expert Panel for the Back-translation of the Italian SCID I/P DSM-IV-TR Research Version (2002) according to WHO Procedure.

2017: Member of the American Psychiatric Association (APA) expert opinion survey informing APA practice guidelines for management of eating disorders.

ACADEMIC REFERENCES

1. Paul Bebbington, Emeritus Professor of Social and Community Psychiatry, Division of Psychiatry, University College of London.
2. Mario Maj, Professor of Psychiatry, University della Campania "Luigi Vanvitelli".
3. Sonia Johnson, Professor of Social and Community Psychiatry, Division of Psychiatry, University College of London.